AUDIO

While scheduling a Zoom Meeting, under Meeting Options, check Mute participants on entry to mute all meeting participants as they join your meeting.



During a Zoom Meeting the Host or Co-Host(s) can mute all participants through the **Manage Participants** feature.

1. Select Manage Participants



2. At the bottom of the Participants panel, select Mute All.



3. If you want to keep your participants muted, select More and then uncheck Allow Participants to Unmute Themselves.



4. To mute or unmute specific participants during your meeting, select the **Mute** or **Unmute** button next to their name in the participant's list.



VIDEO

While scheduling a Zoom Meeting, in the Video section, select Off for participants to ensure that their video will be disabled when joining your meeting.

Video	
Host: 🔵 On 🔾 Off	Participants: 🔵 On Q Off

During a Zoom Meeting the host or co-host(s) can stop and then ask to start video for specific participants through the Manage Participants feature.

NOTE: This is done manually per participant. Zoom does not have the option to start or stop video for all participants at once during a meeting.

1. Select Manage Participants.



2. Next to the participant name, select **More**.



3. Then select Stop Video.

NOTE: The participant will not be able to start video when this is selected.



4. To request that the participant enable their video, select **More** next to their name in the list and click **Ask to Start Video**.

